

BRIEF DESCRIPTION ABOUT COMMON MEDICINAL PLANTS

Scientific Name	Family	Distribution	Habit	Propagation	Part used	Activity/Properties	Uses (diseases)	Formulations	Active principles
<i>Abelmoschus moschatus</i> (Linn.) Medicus	Malvaceae	India	Shrub	Seed	Seed	Diuretic, demulcent, antiseptic, carminative	Ophthalmopathy, Cough, asthma, colic	Perfumery, cosmetics, agarbathi	β -sitosterol
<i>Abrus precatorius</i> Linn.	Papilionaceae	Plains and hills of India	climber	seed	Roots, leaves, seeds	Cytotoxic, antifertility, abortifacient	Cough, wounds, paralysis	Gurja Bhadra RasGunja thaila - Gunjadilepa	Saponins containing oleanolic acid
<i>Abutilon indicum</i> (Linn.) Sweet	Malvaceae	India, Sri Lanka	herb	Seed	Seed, root, bark, leaves	Hypothermic, CNS active, analgesic, aphrodisiac	Diarrhoea, piles, cough, leprosy, gonorrhoea	Dhanvanthram, Balarishtam	Asparagin
<i>Acacia catechu</i> Willd.	Mimosaceae	India	tree	seed	Bark, heart wood	Anthelmintic, anti-inflammatory, hypotensive	Eye disease, stomach, intestine, teeth affections	Khadinarishtam	
<i>Acalypha fruticosa</i> Forsk.	Euphorbiaceae	India	Shrub						
<i>Acalypha indica</i> Linn.	Euphorbiaceae	India	herb		Leaves, roots, stalks, flower	Anthelmintic, expectorant, emetic, anodyne	Scabies, arthritis, chronic bronchitis, asthma		Acalyphus, acalyphine
<i>Achyranthes aspera</i> Linn.	Amaranthaceae	India herb	herb	seed	Whole plant	Cardiac, stimulant, diuretic, astringent,	Renal dropsies, anasarca, diarrhoea	Surasadi tailam, Aviltoadibhasamam, Jatyadi thailam	Saponins (A& B) Betaine, achyranthine
<i>Acorus calamus</i> Linn.	Araceae	India	herb	rhizome	rhizome	Stomachic, tonic, anti-flatulent, tranquilizer	Child bearing, nervous problems	Vachechoornam	β -asarone
<i>Adhatoda beddomei</i> C. B. Clarke	Acanthaceae	Hills of Kerala	shrub	Seed and vegetatively	Whole plant mainly root	Astringent, diuretic	Cough, diarrhoea, asthma, pythisis	Dasamoolakaduthra yam kashayam	Vasicine
<i>Adhatoda zeylanica</i> Medicus	Acanthaceae	Lower Himalayan ranges	shrub	Seed, vegetatively	Leaves, root, bark, flowers	Expectorant, diuretic, alterative	Cough, asthma, phthisis	Vasavaleha	Vascine Adhatodic acid
<i>Aegle marmelos</i> (Linn.) Corr.	Rutaceae	Forest of himalayan tracts, central and S. India	Small tree	Seed, root	Root, stem, leaves, fruits	Hypoglycaemic, antifungal, CVS active	Diarrhoea, diabetes, stomachalgia	Vilwadi leham	Marmolisin
<i>Aerva lanata</i> (Linn.) Juss.	Amaranthaceae	Tropics and sub-tropics, Africa, Asia	Under shrub			Anthelmintic, diuretic, anti-inflammatory, anti-bacteria	Diabetes, lithiasis, head-ache	brhatidivayam	
<i>Ageratum conyzoides</i> Linn.	Asteraceae		herb		Antilithic				
<i>Ailanthus excelsa</i> Roxb.	Simarubaceae	India	tree		Bark, leaf	Antispasmodic, anti-asthmatic	Dyspepsia, bronchitis		Excelsin, glaucarubin
<i>Alangium salviifolium</i> (Linn. f.) Wang.	Alangiaceae	S. India	Small tree		Roots, fruits	Antiprotozoal, hypoglycaemic	Skin diseases, burning sensation, rheumatism	Ankolah, Mahabhutara ghtam	Emetin
<i>Albizia lebeck</i> (Linn.) Benth.	Mimosaceae	India, Burma, Sri Lanka, Africa, Australia	Tree	seed	Bark, flower, seeds, leaves, roots	Immunomodulator, hypoglycaemic, anticancer	asthma, leprosy	Maha shrishagada Sirisharishtha	Saponins
<i>Allium cepa</i> Linn.	Liliaceae	India	herb	Bulb	Bulb, seed	Stimulant, diuretic, expectorant,	Fever, dropsy, colic, bronchitis	Mathura rasam, Kaphakaram	Quercetin

						emmenagogue			
<i>Allium cepa</i> var. <i>aggregatum</i>	Liliaceae	India	herb	Bulb	Bulb, seed	Stimulant, diuretic, expectorant, emmenagogue	Fever, dropsy, colic, bronchitis	Mathura rasam, Kaphakaram	Quercetin
<i>Allium sativum</i> Linn.	Liliaceae	All over India	herb	Cloves, bulblets	bulbs	Anti-inflammatory, hypotensive	Piles, gout, sciatica, dyspepsia	Rasayanam, Katuvipaka Ushna Veeryam	Alliin
<i>Aloe barbadensis</i> Mill.	Liliaceae	India, Florida, W. Indies, Asia	herb	vegetative	Leaf juice, Elio (dried gum)	Anthelmintic, purgative, oxytocic	Wounds, cuts, liver, kidney bladder	Kumaryasavam, Rasnadi powder	Anthroquinone glycosides
<i>Alpinia allughas</i> Rosc.	Zingiberaceae	W.ghats, Sri Lanka, Malaya, China, India	herb	rhizome	rhizome	CVS & CNS active, diuretic, hypothermic, antiulcerative	Rheumatic, fever, dyspepsia, cough, asthma	Rasnadi Kasayam, Rasnadi churnum	Kaempferide, galangin, alpinin
<i>Alpinia calcarata</i> Rosc.	Zingiberaceae	W.ghats, Sri Lanka, Malaya, China, India	herb	rhizome	rhizome	CVS & CNS active, diuretic, hypothermic, antiulcerative	Cough, dyspepsia, asthma	Rasnadi kasayam, Rasnadi churnam	Kaempferide, galangin, alpinin
<i>Alpinia galanga</i> Sw.	Zingiberaceae	Himalaya, Assam, Bihar, W. ghats	herb	rhizome	rhizome	CVS & CNS active, diuretic, hypothermic, antiulcerative	Vat, kapha, arthritis, asthma, fever	Maharasnadi kasayam	Cineol
<i>Alstonia scholaris</i> (Linn.) R. Br.	Apocynaceae	India especially W. Ghats	tree	seed	Bark, leaves, milky exudate	Antimalarial, hypotensive, anthelmintic	Skin diseases, malarial fever, bronchitis	Saptachaladi taila	Echitamine
<i>Alstonia venenata</i> R. Br.	Apocynaceae	India	shrub	seed, vegetative	Roots, fruits	Depurative, febrifuge	Skin diseases, leprosy, epilepsy		
<i>Amaranthus spinosus</i> Linn.	Amaranthaceae	India, native of America	herb	seed	Root, leaf	Galactogenic, emollient	Eczema, colic, burns		α -spinasterol, hentria contane
<i>Amomum subulatum</i> Roxb.	Zingiberaceae	E. Himalaya, Bengal, Sikkim, Assam	herb	Seed, rhizome	Seed, oil	Stimulant, stomachic alexipharmic, astringent	Vomiting, rectal diseases, gargle, neuralgia, head ache		Subulin, alpinetin, cardamonin
<i>Amorphophalus companulatus</i> (Roxb.) Bl.	Araceae	India	herb	Corm	Corm, seed	Antiasthmatic, antiemetic	Elephantiasis, rheumatic, swelling	Bahusalgulam	Amylase, betulinic acid
<i>Anacardium occidentale</i> Linn.	Anacardiaceae	Tropics	tree	seed	Bark, leaf, fruit	Anthelmintic, anti-asthmatic	Antidontalgia, astringent, purgative		Ethylgallate, quercetin
<i>Anacyclus pyrethrum</i> DC	Asteraceae	Bengal, Arabia	herb		root	Cardiac stimulant, sialogogue	Tooth ache, paralysis,		Pellitorin, pyrethrin
<i>Andrographis paniculata</i> Nees	Acanthaceae	India, Sri Lanka	herb		Whole plant	Antipyretic, alterative, febrifuge	Syphilitic cachexia, syphilitic ulcer		Kalmeghin, andrographin
<i>Anisochilus carnosus</i> Wall.	Lamiaceae	N. Circars, Mysore, Malabar	herb		Leaves, oil	Stimulant, diaphoretic, expectorant	Cough, cold		Glucoside of leuteolone, apigenan
<i>Anisomeles malabarica</i> R. Br.	Lamiaceae	S.India, Sri Lanka	herb		Leaves, essential oil	Stimulant, diaphoretic, astringent	Fever, catarrh, colic, dyspepsia, arthritis	Swasadithailam, Pathadi gulika	
<i>Annona squamosa</i> Linn.	Annonaceae	India	tree	seed	Whole plant	Purgative, suppurative	Tumours, vata, pitta		
<i>Antiaris toxicaria</i> (Pers.)	Moraceae	Java, Sri Lanka,	tree	seed	seeds	febrifuge	dyspepsia		Antiarol, antiarsin

Lesch.		Malaya, Burma							
<i>Aphanamixis polystachya</i> (Wall.) Parker	Meliaceae	Tropics	tree	seed	Bark, seed	Anthelmintic, astringent, anticancer	Tumour, abdominal complaints		Diaterpene-aphanamixol
<i>Areca catechu</i> Linn.	Arecaceae	Tropical India, E. Archipelago	palm	Seed	Seed or kernal, root, tender leaves, catechu				gallic acid,
<i>Argemone mexicana</i> Linn.	Papaveraceae	Native of Mexico, India	Annual	seed	Milky juice, seed, fresh root	Astringent, anthelmintic, aperient	Rheumatism, constipation, colic, dysentery		Berberine, protopine,
<i>Argyreia speciosa</i> Sweet	Convolvulaceae	india	Climbing shrub		Leaves, root	antiphlogistic	Synovitis, syphilis,	Ajmodadi churna	
<i>Aristolochia bracteolata</i> Ham.	Aristolochiaceae	India	twiner	Seed, veg.,	Roots, leaves, fruits	Digestive, diuretic, anthelmintic	Ulcer, skin diseases, colic		Aristolochic acid
<i>Aristolochia indica</i> Linn.	Aristolochiaceae	India	twiner	Root, rhizome	Stimulant, emmenagogue, alexiteric	Antidote, leprosy, dropsy			Aristolochic acid, aristolamide
<i>Artemisia pallens</i>	Asteraceae	Poona, Alndi, Jejuri	Sub shrub		Whole plant	Antipyretic, anthelmintic	tonic		Tetrahydrofuranos esquiterpenes
<i>Artemisia vulgaris</i> Linn.	Asteraceae		tree	Seed	Leaves, flowering tops	Anthelmintic, antiseptic, expectorant	Asthma, cephalalgia, leprosy		
<i>Artocarpus heterophyllus</i> Lam.	Moraceae	India	tree	Seed	Roots, leaves, fruits. Seeds, wood, latex	Antidiarrhoeal. Astringent, carminative, tonic	Skin diseases, dyspepsia, debility		cyanoerclurin
<i>Artocarpus hirsutus</i> Lam.	Moraceae		Tree	Seed	Bark, leaves. fruits	Astringent, anaphrodisiac	Appetiser, sores, hydrocele		
<i>Asparagus racemosus</i> Willd.	Liliaceae	India, Andaman and Nicobar islands	climber	Seed, root	Tuberous roots	Spasmodic, anticancer	Tonic, diuretic, galactogenic	satvarigulam	Shatavarin
<i>Averrhoa bilimbi</i> Linn.	Oxalidaceae	India, Burma	Ever green tree	Seed	fruit	Astringent, stomachic, refrigerant, cooling	Fever, piles, scurvy		
<i>Averrhoa carambola</i> Linn.	Oxalidaceae		Ever green tree	Seed	Leaves, root, fruit	Laxative, refrigerant,	piles		
<i>Azadirachta indica</i> A. Juss.	Meliaceae	India, Africa	Tree	Seed	Bark, leaves, flower, seeds, oil	Antiviral, anthelmintic, insecticide, antiseptic	Nervous problems, wounds, skin diseases	Gulgguluthichthalam kasayam	Nimbosterol, azadirachtin, Nimbin, nimbidin
<i>Azima tetracantha</i> Lam.	Salvadoraceae	Decan, Sri Lanka, Coromandal coast			Leaves, roots	diuretic	Rheumatism, dropsy, dyspepsia, diarrhoea		
<i>Bacopa monnieri</i> (Linn.) Pennell	Scrophulariaceae	Throughout India in wet places	herb	Seeds, vegetative	Whole plant	Barbiturate, hyponosis potentiation effect	Improves memory	Brahmi ghrita, Manasamithravadayam	Bacoside A & B, Bacogenins A ₁ - A ₄
<i>Baliospermum solanifolium</i> (J. Burm.) Suresh	Euphorbiaceae	Sub Himalayan tracts, W.Bengal, Bihar	Under shrub	vegetative	Roots, leaves, seeds	CVS active, hypotensive, diuretic	Anasaraca, dropsy, jaundice	Dantyarista, Dantyadi churna	Montanin, baliospermin
<i>Bambusa bambos</i> Druce	Poaceae	India, Lower Himalaya	Thorny bambo	Seed, tiller	Interior stalks, young shoots, leaves	Emmenagogue, anthelmintic, astringent, stimulant	Vomiting, palpitation, fever	Mathura rasam, Kashya-anurasam	Tabashir

<i>Barleria mysorensis</i>	Acanthaceae	Malabar, Travancore	shrub					Saha cheradi kashayam	
<i>Bauhinia purpurea</i> Linn.	Caesalpiniaceae	S.Asia, India			Bark, flower, root	Astringent, carminative, laxative	Ulcer, goitre		
<i>Bauhinia racemosa</i> Lam.	Caesalpiniaceae				Leaf, bark	Astringent, anthelmintic, cephalalgic	tumour		β -amyrin, octacosane
<i>Bauhinia tomentosa</i>	Caesalpiniaceae								
<i>Bauhinia variegata</i> Linn.	Caesalpiniaceae	Sub-Himalayan tracts, Dry forests	Tree	seed	Root, bark	Hypothermic, CNS active, anti-bacterial	Skin diseases, ulcer, piles, snake-bite	Kanchaar Guggal Hab Mussafi Khun	
<i>Biophytum sensitivum</i> (Linn.) DC.	Oxalidaceae	Throughout India	herb	seed	Whole plant	Astringent, anti-pyretic, anti-septic	Fever, burning, haemorrhage, cough, dysentery	Cemparutyadi tailam	
<i>Blepharis boerhaavifolia</i>	Acanthaceae		Under shrub						
<i>Blepharistemma corymbosa</i>	Rhizophoraceae								
<i>Boerhaavia diffusa</i> Linn.	Nyctaginaceae	India	Creeping herb	vegetative	Herb and root	Laxative, diuretic, expectorant, emetic, purgative, anthelmintic, febrifuge	Oedema, analgesic, heart diseases, haemorrhage	Kumargasavam, Dhanvantaram kulumbu, Chyavanaprasam	Hypoxanthin-9-L-arabinofuranoside
<i>Bombax ceiba</i> Linn.	Bombacaceae	India	Tree	seed	Gum, seed, leaves, fruit, bark, flower	Astringent, demulcent, diuretic, aphrodisiac, emetic	Haemorrhage, snake-bite, small-pox, chicken-pox		β -D-glucoside of β -sitosterol, hentriacontane
<i>Brassica campestris</i> Linn.	Brassicaceae	India	herb	seed	Stem, root, leaves, seeds	Aperient, diuretic, rubefacient	Sores, skin diseases		
<i>Brassica juncea</i> (Linn.) Czern. & Coss.	Brassicaceae	India	herb	seed	Seed, oil	Asperient, stimulant, emmenagogue	Chest affections	Rheumatism, dengue fever	
<i>Brassica oleracea</i> Linn. var. <i>botrytis</i> Linn.	Brassicaceae	India	herb	seed				Chronic cough, bronchitis, asthma	
<i>Breynia patens</i> Benth.	Euphorbiaceae		Shrub						
<i>Bridelia crenulata</i> Roxb.	Euphorbiaceae		Tree						
<i>Bridelia scandens</i> (Roxb.) Willd.	Euphorbiaceae		Climbing shrub						
<i>Byronia</i> sp.	Cucurbitaceae	India, Tropical Himalya, Sri Lanka, South East Asia, Malaysia							Butein, butrin
<i>Butea monosperma</i> (Lam.) Taub.	Papilionaceae	India	Deciduous tree	seed	Gum, seeds, flower, bark, leaves	Anthelmintic, astringent, aperient	Diarrhoea, dysentery, vomiting	Arimedas tailam, Balatailam	
<i>Caesalpinia bonduc</i> (Linn.) Roxb.	Caesalpiniaceae	S.India, W.Bengal	Climbing herb	seed	Seeds, nuts, root, bark, leaves	Antiperiodic, antispasmodic, anthelmintic, febrifuge	Fever, asthma, colic	Cangeryadi gulika, Ponkaradi gulika	Brazilin

<i>Caesalpinia sappan</i> Linn.	Caesalpiniaceae		Tree	seed	Heart wood	Anti-cancer, anti-inflammatory, semen coagulating	Skin diseases, diarrhoea, wounds, pita, diabetes		Hypoglycaemic
<i>Cajanus cajan</i> (Linn.) Millsp.	Papilionaceae		shrub	seed	Seeds, beans, leaves		Antidote, jaundice, spongy gum		
<i>Calamus travancoricus</i> Bedd. ex Hook. f.	Arecaceae				Tender leaves		Biliousness, worms, dyspepsia		
<i>Callicarpa tomentosa</i> (Linn.) Murray	Verbenaceae		shrub		Root, bark	febrifuge	Hepatic obstruction, skin diseases		
<i>Calotropis gigantea</i> (Linn.) R. Br.	Asclepiadaceae	India	Milky shrub	seed	Whole plant	Depurative, anthelmintic, expectorant	Cough, anasarca, ascites	Dhanvantaram ghrtam, Nagaradi tailam	Calotropin, Asclepin
<i>Calycopteris floribunda</i> Lam.	Combretaceae	India	Woody shrub		Leaves, fruits, root	Stimulant, anthelmintic, laxative	Colic, dyspepsia, dysentery		Calycopterin, quercetin
<i>Cananga odorata</i> Hook. f. & Thom.	Annonaceae		tree	seed	Oil from flowers	Anti-rheumatism, anti-malarial, anti-diarrhoeal	Gout, boils, ophthalmia		Geroniol, linalool
<i>Capparis sepiaria</i> Linn.	Capparidaceae	S.India	shrub						
<i>Capparis zeylanica</i> Linn.	Capparidaceae		Climbig shrub						
<i>Capsicum annum</i>	Solanaceae	India	Annual shrub		fruit	Thermogenic, digestive, carminative, cardio tonic	Cough, hoarseness, anorexia		capsicin
<i>Cardiospermum halicacabum</i> Linn.	Sapindaceae	Throughout India	Herb		Roots, leaves, seeds	Antibacterial, hypotensive, antirheumatism	Otalgia, fever, lumbago	Indravalli, Nilabringadhi tailam	
<i>Careya arborea</i> Roxb.	Lecythidaceae		Deciduous tree	seed	Bark, leaves, flower, fruits	Astringent, thermogenic, expectorant	Small pox, dysentery, urorrhoea		
<i>Carica papaya</i> Linn.	Caricaceae	India	Soft wood tree	Seed, mound layering	Fruits, latex	Anti-fertility, anti-coagulant, anthelmintic	Ecbolic, blemishes, vermifuge		papain
<i>Carum bulbocastanum</i> Koch	Apiaceae		Herb						
<i>Carum carvi</i> Linn.	Apiaceae				Oil	Stomachic, carminative		Ajamodakarkan	Carvone, limonene
<i>Caryota urens</i> Linn.	Arecaceae		Tree	seed	Juice, spirit, nuts		hemicrania		
<i>Cascabela thevetia</i> (Linn.) Lippold	Apocynaceae		Shrub					Malatyadi tailam, Mustamriadi curnum	
<i>Cassia fistula</i> Linn.	Caesalpiniaceae	Throughout India	Tree	Seed	Whole plant	Anti-viral, anti-cancer, hypoglycaemic	Skin diseases, syphilis, leprosy	Aaragwadha arishtam	Fistulin
<i>Cassia occidentalis</i> Linn.	Caesalpiniaceae	Throughout india	Under shrub	seed	Whole plant	Diuretic, antibacterial	Dyspepsia, epilepsy, fever	Kasamardan Surasadi tailam	
<i>Cassia sophera</i> Linn.	Caesalpiniaceae	Throughout tropical India	Under shrub	seed	leaves	Spasmolytic, anthelmintic, antiseptic	Ring worm, bronchitis	Kasamardan Surasadi tailam	Flavonal glycoside

<i>Casuarina equisetifolia</i> Linn.	Casuarinaceae		Tree	seed	Wood, bark, leaves	Astringent	colic		Kaempferol, glycoside
<i>Catharanthus roseus</i> (Linn.) G. Don	Apocynaceae	India	herb	seed	Whole plant	Hypotensive, sciative, stomachic	Menorrhagia, wasp-sting, leukemia		Vinblastine, vincristine
<i>Catunaregam nutans</i> (DC.) Tiruv.	Rubiaceae		Deciduous shrub						
<i>Cayratia pedata</i> (Lam.) Juss. ex Gagnep.	Vitaceae		Climbing shrub		Berry	Astringent, refrigerant	Burning, diarrhoea, hysteria		
<i>Ceiba pentata</i> (Linn.) Gaertn.	Bombacaceae		Tree		Gum, root, young leaf	Alterative, laxative, antidiabetic			diglycerides
<i>Centella asiatica</i> (Linn.) Urban	Apiaceae	India	herb	vegetative	Whole plant	Nerve tonic, brain tonic	Skin diseases, leprosy nerve diseases		Brahmoside, brahminoside
<i>Chenopodium ambrosioides</i> Linn.	Chenopodiaceae		herb		Seed, seed oil	Amoebicidal, analgesic, diuretic	athlete's foot, amenorrhoea		Glycine, alanine
<i>Chukrasia tabularis</i> A. Juss.	Meliaceae				Bark	Astringent, spasmolytic, diuretic			5,7-dihydroxy-6,2',4',5'tetramethoxy flavone
<i>Cicca acida</i> (Linn.) Merr.	Euphorbiaceae		Tree	seed					
<i>Cinnamomum camphora</i> Nees & Eberm.	Lauraceae		Evergreen tree	vegetative	oil	Stimulant, carminative	Cough, asthma, dyspepsia		
<i>Cinnamomum verum</i> Presl	Lauraceae		Ever green aromatic tree	seed	Bark, oil	Stimulant, diuretic, expectorant, febrifuge	Diarrhoea, nausea		
<i>Cissampelos pareira</i> Linn.	Menispermaceae		Climbing plant		Root, bark, leaves	Stomachic, diuretic, anthelmintic	Diarrhoea,	Pathadi churnum	Cissampeline
<i>Cissus quadrangularis</i> Linn.	Vitaceae		Tendrill climber		Whole palnt	Aphrodisiac, carminative	Fracture, swellings	Valiyacincadi leham	
<i>Citrus aurantifolia</i> (Christm.) Swingle	Rutaceae		Thorny tree	seed	Fruit juice, rind of fruit	Stomachic, antiscorbutic, anthelmintic	indigestion		Octanol, neryl, geranyl acetates
<i>Citrus limon</i> (Linn.) Burm. f.	Rutaceae		Thorny shrub	seed	Rind of fruit, fruit juice	Stomachic, carminative, antiscorbutic			limonene
<i>Citrus maxima</i> (Burm.) Merr.	Rutaceae			seed					
<i>Cleistanthus collinus</i> (Roxb.) Benth. & Hook. f.	Euphorbiaceae		tree		Whole plant	Poison, anticancer, astringent	Fish poison,		Saponin, cleistanthin-A, B
<i>Clematis triloba</i> Heyne ex Roth	Ranunculaceae				leaves	Alterative, sedative	Syphilis, fever, leprosy		
<i>Cleome gynandra</i> Linn.	Capparidaceae		Herb	seed					
<i>Cleome viscosa</i> Linn.	Capparidaceae	India	herb	seed	Whole plant	antifungal, anthelmintic, carminative	Otalgia, fever, diarrhoea		cleomeolide
<i>Clerodendrum phlomidis</i> Linn. f.	Verbenaceae	Drier parts of India	shrub	seed	bark	Anthelmintic, Hypoglycaemic	Fever, cough, cold,	Dasamula Arista, Dasamula Kwatha	Sintellarin, pectolinaringin
<i>Clerodendrum serratum</i> (Linn.) Moon	Verbenaceae	india	Woody shrub	seed	Roots, leaves	Antispasmodic, expectorant, carminative	Cough, anasarca, dyspnoea	Ayaskrti, Bharngyadi kasayam	Flavonoid-hispiduline

<i>Clerodendrum viscosum</i> Vent.	Verbenaceae	india	shrub	seed	leaves	Antiinflammatory, demulcent, vermifuge	Tumours, leprosy, bronchitis		clerodin
<i>Clitoria ternatea</i> Linn.	Papilionaceae	India	climber	seed	Seeds, roots, leaves	Purgative, diuretic, laxative	Antidote, constipation, abdominal viscera		Sitosterol, kaempferol
<i>Coccinia grandis</i> (Linn.) Voigt.	Cucurbitaceae	India	climber	Vegetatively by stem cuttings	Roots, leaves, fruits	Hypoglycaemic, antiprotozoal	Diabetes, gonorrhoea, ear-pain	Sharbat, Bazuri Har	β-sitosterol
<i>Cocculus hirsutus</i> (Linn.) Diels.	Menispermaceae	Tropical & subtropical India	shrub		Roots, leaves	Cardio tonic, anticonvulsant	Eczema, hypertension, bronchitis		Inositol, ginnol
<i>Cochlospermum religiosum</i> (Linn.) Alst.	Cochlospermaceae	India	Deciduous tree	seed	Leaves, flowers, gum	stimulant	Diarrhoea, dysentery, trachoma		Oleosaccharides
<i>Cocos nucifera</i> Linn.	Arecaceae	S. India, Sri Lanka, Archipelago	Tree	seed	Flowers, roots, fruit, oil, ash	Purgative, refrigerant, antacid	Nervous disorder, arthritis		
<i>Coffea arabica</i> Linn.	Rubiaceae	S. India, Sri Lanka	Large shrub	seed	Seeds, leaves	Dietetic, nervous stimulant	Neuralgia,		
<i>Coffea robusta</i>	Rubiaceae			seed					
<i>Coix lacryma-jobi</i> Linn.	Poaceae	India	Perennial grass	seed	Roots, seeds	Diuretic, cathartic, depurative	Strangury, pneumonia		
<i>Coldenia procumbens</i> Linn.	Boraginaceae		herb		Leaves	Antirheumatic	boils		Oxalocetic acid
<i>Coleus amboinicus</i> Lour.	Lamiaceae	India	herb	Stem cutting	leaves	appetising, digestive	Cephalalgia, anorexia	Karpuravalli Abhram, pulilcham	
<i>Coleus zeylanicus</i> (Benth.) Cramer	Lamiaceae			Stem cutting	leaves				
<i>Colocasia esculenta</i> (Linn.) Schott	Araceae	India	Perennial herb	corm	Leaves, corms	Styptic, stimulant, rubefacient	Haemorrhage, otalgia, otorrhoea		
<i>Commiphora caudata</i> (Wt. & Arn.) Engl.	Burseraceae		Tree	seed	Roots, leaves	Astringent, aphrodisiac, diuretic	Diabetes, strangury		
<i>Commiphora mukul</i> (Hook. ex Stocks) Stocks	Burseraceae	Africa, Asia, Rajasthan, A.P., Assam, M.P	Small tree	Seed, vegetative cuttings, grafts	Roots, leaves	Nypolipaemic, hypocholesteraeamic, aphrodisiac	Obesity, snake-bite, diabetes, strangury	Gulgullu thiktham kashayam	Guggul sterones, myrene, dimyxceme
<i>Connarus monocarpus</i> Linn.	Connaraceae		Shrub	seed	Fruit, root		Eye diseases, syphilis		
<i>Coriandrum sativum</i> Linn.	Apiaceae	India	Herb	seed	fruit	Aromatic, stimulant, carminative, antibilious	Rheumatic, neuralgia, vomiting		
<i>Coscinium fenestratum</i> (Gaertn.) Colebr.	Menispermaceae	W.ghats of T.N and Kerala	Climbing shrub	Stem cutting	stem	Thermogenic, anodyne, ophthalmic	Diabetes, jaundice, ulcer		
<i>Costus speciosus</i> (Koen.) Sm.	Zingiberaceae	India	Herb	rhizome	rhizome	Hypotensive, antifertility	constipation, leprosy, asthma		diosgenin
<i>Crataeva religiosa</i> Hook. f. & Thom.	Capparidaceae		Small tree		Bark, stem	Laxative, rubefacient	Increase secretion of bile	Dhanvantaram ghrtam	
<i>Cressa cretica</i> Linn.	Convolvulaceae	India	Shrub		Whole plant	Expectorant, digestive, haematinic	Diabetes, leprosy, asthma		
<i>Crossandra infundibuliformis</i>	Acanthaceae		Shrub					Nirgundyadi gulika	

<i>Crotalaria juncea</i> Linn.	Papilionaceae			seed	Leaves, roots, seeds	Astringent, expectorant	Stomatopathy, dyspepsia		
<i>Croton tiglium</i> Linn.	Euphorbiaceae	N.India	Tree	seeds	seeds	Digestive, carminative, antiinflammatory	Antidote for snake-bite, abdominal diseases	Misraka sneham	Phorbiol myristate acetate
<i>Cryptolepis buchanani</i> Roem. & Schult.	Asclepiadaceae		Climber		Whole plant				
<i>Curculigo orchioides</i> Gaertn.	Amaryllidaceae	Sub tropical Himalaya, W.Ghats			Root	Hypoglycaemic, spasmolytic, anticancer	Skin diseases, jaundice, pruritus	Musalee Khadiradi kashyam	curculigiside
<i>Curcuma amada</i> Roxb.	Zingiberaceae	India	Rhizomatous aromatic herb	rhizome	rhizomes	Appetiser, carminative, digestive, demulcent	Dyspepsia, ulcer, pruritus		
<i>Curcuma angustifolia</i> Roxb.	Zingiberaceae		Herb	rhizome	rhizome	Demulcent, anthelmintic			α and β - pinene
<i>Curcuma aromatica</i> Salisb.	Zingiberaceae	Wild throughtout india	Herb	rhizome	rhizome	Spasmolytic, carminative, stimulant	Sprains, bruises, bronchitis, cough, leucoderma	Bratia tyadi kwatha	curcumene
<i>Curcuma longa</i> Linn.	Zingiberaceae	India	Herb	rhizome	rhizome	Anti-inflammatory, emollient, depurative	Eye diseases, itch, inflammations	Haidra khand	ar-curcumene, ar-tur-merone
<i>Cyathula prostrata</i> (Linn.) Bl.	Amaranthaceae	India	India		roots	Emetic, alexipharmic	Cough, bronchitis, diarrhoea	Surasadi tailam, Aviltoaldi bhasma	
<i>Cyclea peltata</i> (Lam.) Hook. f. & Thom.	Menispermaceae	India	Twining herb		Roots, leaves	Thermogenic, carminative, depurative	Metroptosis, cardiac disorder	Pathadi curnum	
<i>Cymbopogon citratus</i> (DC.) Stapf	Poaceae	India	Perennial grass	Seed, slips	Whole plant	Anthelmintic, laxative, aphrodisiac	Fever, chloera, neuralgia, sprains		
<i>Cymbopogon flexuosus</i> (Steud.) Wats.	Poaceae	Kerala	Perennial grass	seed, slips					
<i>Cymbopogon martinii</i> var. <i>motia</i> Roxb.	Poaceae	India	Perennial grass	seed, slips					
<i>Cymbopogon martinii</i> var. <i>sofia</i>	Poaceae	India	Perennial grass	seed, slips	Oil				
<i>Cymbopogon nardus</i> (Linn.) Rendle	Poaceae	India	Perennial grass	seed, slips	Leaf, oil	Antiseptic, carminative, rubefacient			Limonene, α -phellandrene and β pinene
<i>Cymbopogon nardus</i> var. <i>confertiflorus</i> x <i>C. jawarancusa</i>	Poaceae	India	Perennial grass	slips					
<i>Cymbopogon pendulus</i> Wats.	Poaceae	India	Perennial grass	seed, slips					
<i>Cymbopogon winterianus</i>	Poaceae	India	Perennial grass	slips					
<i>Cynodon dactylon</i> (Linn.) Pers.	Poaceae	India	Perennial grass	vegetative	Whole plant	Haemostat, vulnerary	Skin diseases, colporrhagia, debility	Durvadi tailam, Gandha tailam	
<i>Cyperus rotundus</i> Linn	Cyperaceae	Tropics	Herb	Veg. by tuber	Bulbous tuber	Antiinflammatory, antipyretic, analgesic	Diarrhoea, dysentery	Mustharishtam, Mustakadi churnum	
<i>Dalbergia latifolia</i> Roxb.	Papilionaceae	India		seed	Whole plant	Anthelmintic,	Obesity, dyspepsia		Tricontane,

						antipyretic, analgesic			acelyloleanolic acid
<i>Datura metel</i> Linn.	Solanaceae	India	Sub-shrub	seed	Whole plant	Emetic, narcotic, anodyne, antispasmodic	Swellings, asthma, ophthalmia, fever	Kenakasavam	Hyoscine, atropine
<i>Delonix regia</i> (Boj.) Rafin.	Caesalpiniaceae		Tree	seed					
<i>Dendrocalamus strictus</i> (Roxb.) Nees	Poaceae				leaf	astringent	Silicious matter found near the joints		
<i>Desmodium gangeticum</i> DC.	Papilionaceae	Lower hills and plains of india	Under shrub	seed	Roots	Antiinflammatory., aphrodisiac, analgesic	Vata, anorexia, dysentery, fever	Dasamoolarishtam	
<i>Desmodium gyrans</i> DC.	Papilionaceae	India	shrub	seed					
<i>Desmodium pulchellum</i> Backer	Papilionaceae			seeds	Bark, flower	Antidiarrhoeal, antihemorrhage	ophthalmia		α -amyrin, betulin
<i>Desmodium triflorum</i> (Linn.) DC.	Papilionaceae	India	Perennial herb	seeds	Whole plant	Expectorant, galactogogue	Abscess, sore, flatulance	Vidarayadi ghrtam, Vidaryasavam	
<i>Desmostachya bipinnata</i> Stapf	Poaceae		Perennial grass			Astringent, diuretic	Diarrhoea, dysuria	Valiya candanadi tailam	
<i>Dioscorea bulbifera</i> Linn.	Dioscoreaceae		Climbing herb	Tuber	Tuber, leaf	Antidysenteric, antisiphilic	Sores, piles, syphilis, dysentery		D-sorbitol
<i>Dioscorea floribunda</i>	Dioscoriaceae	Native of Central America, India, China	climber	Tuber, stem cuttings	tubers	Carbohydrale, protein metabolism	Contraceptives		Diosgenin
<i>Diospyros melanoxylon</i> Roxb.	Ebenaceae		Tree	seeds	Unripe fruit, leaf, fruit, bark	Carminative, astringent, laxative, aphrodisiac, anaemia	Epistaxis, burns, scabies		Diosindigos A and B
<i>Dolichos biflorus</i> Backer	Papilionaceae		twiner	seeds	seeds	Astringent, diuretic, tonic	Haemorrhage, leucorrhoea, colic		
<i>Ecboium viride</i> (Forsk.) Merr.	Acanthaceae	Sri Lanka, India, Africa, Malaya	Shrub				Itching, oedema, tooth ache	Valiya Rasnadi Kasayam	
<i>Eclipta prostrata</i> (Linn.) Linn.	Asteraceae	India	herb	seed	Whole plant	Antihepatic, hematicidal, CVS active	Dysuria, uretherol disorders	Neelibringadi tailam	Stigmasterol, β -amyrin
<i>Elephantopus scaber</i> Linn.	Asteraceae	India	Rigid herb		Roots, leaves	Astringent, alterative, febrifuge	Skin diseases, tetanus, elephantiasis		
<i>Elettaria cardamomum</i> Maton	Zingiberaceae		Perennial herb	Seed, sucker	seed	Anticephalalgia, antiemetic	Foul breath, diseases of heart, bladder, kidney		cymene
<i>Embelia ribes</i> Burm. f.	Myrsinaceae	India	Climbing shrub		Fruits, roots, leaves	Contraceptive, acaricidal, antibacterial	Chest and skin diseases, kidney affections		quinone
<i>Emilia sonchifolia</i> DC.	Asteraceae	India	herb		Whole plant	Sudorific, vulnerary	Gastropathy, nyctalopia		
<i>Ensete superbum</i>	Musaceae								
<i>Entada pursaetha</i> DC.	Mimosaceae	Tropics			seeds	irritant			

<i>Erythrina variegata</i> Linn.	Papilionaceae	India, Sri Lanka, Thailand, Laos	Tree	Seed, stem cutting	Bark, leaves	Galactogogue, anthelmintic	Obesity, intestinal worms	Vidangamuladi Kasayam	
<i>Eucalyptus citriodora</i> Hook.	Myrtaceae	Australia, India	Tree	seed	Dried leaves, gum, oil				
<i>Eucalyptus globulus</i> Labill.	Myrtaceae	Australia, India	Tree	seed		Febrifuge, carminative, antiseptic	Diphtheria, purulent catarrhal		
<i>Eupatorium triplinerve</i> Vahl	Asteraceae	Brazil, India	Sub shrub	seed	Dried leaves, flower tops, twigs	Diaphoretic, antiperiodic, expectorant	Dyspepsia, cough, sores, ulcers		
<i>Euphorbia hirta</i> Linn.	Euphorbiaceae		Stragglng herb	seed	Seed, leaves	Galactogogue, diuretic, aphrodisiac	Skin diseases, cough, asthma		
<i>Euphorbia nivulia</i> Buch.-Ham.	Euphorbiaceae		Tree	seed		Expectorant, digestive, stomachic, abortive	Leprosy, rheumatism, dropsy		
<i>Euphorbia thymifolia</i> Linn.	Euphorbiaceae	India	Herb		Whole plant	Laxative, antibacterial, alexipharmic	Dysmenorrhoea, helminthiasis		
<i>Euphorbia tirucalli</i> Linn.	Euphorbiaceae								
<i>Euphorbia tirucalli</i> Linn.	Euphorbiaceae								
<i>Euphorbia trigona</i> Haw.	Euphorbiaceae		Tree		Milky juice		Ear ache, liver and spleen enlargement		
<i>Evolvulus alsinoides</i> (Linn.) Linn.	Convolvulaceae		Herb		Whole plant	Tonic, alterative, febrifuge	Fever, nervous debility		
<i>Excoecaria agallocha</i> Linn.	Euphorbiaceae	India	Tree		leaves	Purgative, alterative	Ulcer, leprosy, aphrodisiac		
<i>Ficus bengalensis</i> Linn.	Moraceae	Sub-Himalaya, Peninsular India	Tree	seed	Aerial root, bark, leaves, buds, fruits, latex	Hypoglycaemic, astringent,	Vomiting, haemoptysis, leucorrhoea	Nyagrodhah, Nalpam urs-adi thailam	β -sitosterol
<i>Ficus exasperata</i> Vahl	Moraceae								
<i>Ficus heterophylla</i> Linn. f.	Moraceae				Root, leaves	Antiasthmatic, antidyseric	Bechic, colic		
<i>Ficus microcarpa</i> Linn. f.	Moraceae	India	Tree	Veg. by stem cutting	Root, bark, leaves	Astringent, acrid	Odontalgia, wounds, diarrhoea	Nalpamaradi thailam	
<i>Ficus racemosa</i> Linn.	Moraceae	Sub_Himalayam tracts Ever green tree			bark	Astringent, antiseptic	Gonorrhoea, leucorrhoea		
<i>Ficus religiosa</i> Linn.	Moraceae	India	Tree	seed	Bark, leaves, tender shoots, fruits, seeds, latex	Antibacterial, hypoglycaemic, anthelmintic	Gonorrhoea, diarrhoea, dysentery, neuralgia	Nalpamaradi thailam	β -sitosterol
<i>Flacourtia indica</i> Merr.	Flacourtiaceae	Small tree			Root, fruit	Depurative, diuretic	Rheumatism, urinary disorder	Nirgundyadi gulika	
<i>Flacourtia jangomas</i> (Lour.) Raeusch.	Flacourtiaceae		Deciduous shrub		Bark, leaves, fruits	Astringent, refrigerant, diaphoretic	Odontalgia, haemorrhoids		Coumarin-ostruthin
<i>Garcinia gummi-gutta</i>	Clusiaceae		Trees	seed	Leaves, dried	Astringent,	digestive	Haemorrhoids,	Camboginol,

(Linn.) Robs.					fruits	thermogenic, constipation		flatulent, colic	cobogin
<i>Geophila reniformis</i>	Rubiaceae								
<i>Girardinia diversifolia</i> (Link) Friis	Urticaceae								
<i>Gloriosa superba</i> Linn.	Liliaceae	Tropical India, S. Africa	Climbing herb	Seed, rhizome, tissue culture	Roots, rhizomes	Oxytoxic, uterine, stimulant	Dermatosis, ulcer, cancer	Jyotismatyadi thailam	colchicine
<i>Glycosmis pentaphylla</i> (Retz.) DC.	Rutaceae				Whole plant	Antiinflammatory, antianaemic, antirheumatic	Eczema, liver complaints		Glycosine, glycozoidal
<i>Glycyrrhiza glabra</i> Linn.	Papilionaceae	Mediterranean region, S. Europe, Middle East	Under shrub	Seed, crown cutting, stolon pieces	Roots, dried stem	Antidiuretic, expectorant, emetic, diuretic	Tuberculosis, ulcer, skin diseases, wounds	Yastithriphala churnam	glycyrrhizin
<i>Gmelina arborea</i> Roxb.	Verbenaceae	India	Tree		Whole plant	Hypoglycaemic, antiviral, stomachic	Fever, dyspepsia, burning sensation	Dasamoolarishtam	Gmelinol
<i>Gymnema sylvestre</i> R. Br.	Asclepiadaceae	India, Afganistan, Iran	climber	vegetatively	Whole plant	Antidiabetic	Bronchial troubles, urinary troubles	Yastyadichurnam, Yastimadhavadi thailam	salicylic aldehyde
<i>Hedyotis corymbosa</i> (Linn.) Lam.	Rubiaceae		Suffruticose annual		Whole plant	Aperient, pectoral, refrigerant	Depression, hepatopathy	Mahatiktaka ghritam	
<i>Helicteres isora</i> Linn.	Sterculiaceae		Large shrub		Root, bark, fruits	Demulcent, lactifuge	Gastropathy, diabetes, dysentery		
<i>Heliotropium indicum</i> Linn.	Boraginaceae		Herb		roots	Errhine	Insanity, epilepsy, cough	Vidaryasavam, Vidaryadi ghritam	
<i>Hemidesmus indicus</i> (Linn.) R. Br.	Asclepiadaceae	India, Sri Lanka, Moluccas	Twiner	Veg. by root	Roots, leaves, stem	Antibacterial, antiviral	Pita, asthma, skin diseases	Sharihanavam thikthakam kasayam	β -sitosterol, iso quercetin
<i>Hibiscus rosa-sinensis</i> Linn.	Malvaceae	Tropical Africa, Asia	Ever green woody shrub	Stem cutting	Roots, leaves, flower	Demulcent, febrifuge, emollient	Abscesses, urethrorrhea		8-nonynoic, 9- decynoic acids
<i>Hibiscus sabdariffa</i> Linn.	Malvaceae,	Tropical Africa, Asia, warmer parts of India			Seed, leaf	Aphrodisiac, antiscorbutic, antibilious	Nerve diseases, calcified arteries		Gossypelin
<i>Hibiscus tiliaceus</i> Linn.	Malvaceae	W.Bengal, Peninsular India, Andaman & Nicobar islands			Root, flower, bark	Aperient, antirheumatic, resolvent	Lumbago, ear ache		Kaempferol 3-0- β - D- galatose, quercetin
<i>Holarrhena pubescens</i> (Buch.-Ham.) Don	Apocynaceae		Deciduous tree		Bark, leaves, seeds	Carminative, expectorant, anthelmintic	Verminosis, uropathy, dysentery	Kutajaristam, Kutayatvayadi leham	
<i>Holoptelea integrifolia</i> (Roxb.) Planch.	Ulmaceae		Tree						
<i>Holostemma ada-kodien</i> Schult.	Asclepiadaceae	India, Sri Lanka, Burma, W.China	Twiner	seed, root cutting	roots	Antidiabetic, antiviral	Bronchial troubles, urinary troubles	Vidaryadigaram, Balaristam	α -amyrin β - sitosterol
<i>Homonoia riparia</i> Lour.	Euphorbiaceae	India	shrub		Root, fruit, stem	Diuretic, antigonorrhoea,	Ulcer, piles, chest pain,	Putikaranjasavam	α -spinastoryl acetate

						antisyphilitic			
<i>Hugonia mystax</i> Linn.	Linaceae	Peninsular india	Scandent shrub		Root, bark	Febrifuge, anthelmintic, antiinflammatory	Swellings, antidote for snake bite		
<i>Hybanthus enneaspermus</i> (Linn. f.) Muell.	Violaceae	India	herb		Whole plant				
<i>Hydnocarpus laurifolia</i> (Dennst) Sleum.	Flacourtiaceae	W.ghats	Tree		Seed oil	Antileperotic, diuretic			
<i>Hygrophila schulli</i> (Ham.) M. R. & S. M. Almeida	Acanthaceae	India	Shrub		Roots, leaves, seeds, ashes	Diuretic, antiinflammatory, aphrodisiac	Jaundice, dysentery	Kokilaksha, Talmakhana, Neermulli	Hygrosterol, (cholesterol or phytosterol)
<i>Ichnocarpus frutescens</i> (Linn.) R. Br.	Apocynaceae		Climbing shrub		Leaf, root, stalk	Febrifuge, antisyphilitic,	Dyspepsia, tonic, skin diseases	Pinda tailam, Sarcbody asavam	Amyrin glycoside
<i>Indigofera tinctoria</i> Linn.	Papilionaceae	India	shrub	seed	Whole plant	Antipiretic, anticephalgic	Hepatics, heart diseases, leucoderma	Nilabhringadi oil	Hypoglycaemic acid
<i>Ipomoea mauritiana</i> Jacq.	Convolvulaceae	India	Climber		Root	Aphrodisiac, galactogenic, chologogue	Scorpion sting	Vidaryadi ghrtam	Taxaxerol acetate
<i>Ipomoea pes-tigridis</i> Linn.	Convolvulaceae								
<i>Ixora coccinea</i> Linn.	Rubiaceae		Shrub		Flower, root	Antileucoderma, anti diarrhoeal, sedative	Dysmenorrhoea, hemoptysis, eye troubles	Cemparatyadi tailam, Parantyadi tailam	Lencocyanimin glycoside
<i>Jasminum grandiflorum</i> Linn.	Oleaceae		Twining ever green shrub	Stem cutting	Leaves, flower	Anthelmintic, diuretic emmenagogue	worms, scorpion - sting	Halatyadi tailam, Jatyadi ghrtam	Benzyl alcohol, benzyl benzoate
<i>Jasminum sambac</i> Ait.	Oleaceae	India	Climbing shrub	Stem cutting	Whole plant	Emmenagogue	Mouth affections, insanity		Jasmonin, quercetin
<i>Jatropha curcas</i> Linn.	Euphorbiaceae	Tropical America, India, Andaman & Nicobar islands	Shrub		Nut, whole plant	Purgative	Scabies, ring worm		Curcosones, lathyrene diterpenes
<i>Jatropha glandulifera</i> Roxb.	Euphorbiaceae	S.India, W.Bengal, Andaman & Nicobar islands	Shrub		Oil, root	Antirheumatic, antiparalytic, purgative	Chronic ulcer, swellings, ring worm		Jatropholone, fraxetin
<i>Jatropha gossypifolia</i> Linn.	Euphorbiaceae	India	Shrub		Leaves, bark, seed	Emmenagogue, purgative, emetic	Eczema, cancer		Jatropholones A & B
<i>Justicia betonica</i>	Acanthaceae		Shrub		Bark, leaves, root stalks	Emetic, antiperiodic, insecticide	Fever, swellings rheumatism, cough, dysentery	Kizhi for external application	β-sitosterol
<i>Justicia gendarussa</i> Linn. f.	Acanthaceae		Under shrub						
<i>Justicia wynadensis</i>	Acanthaceae	W. ghats	Under shrub		Root, leaves, bark, stalks	Emetic, antiperiodic	Bronchitis, Inflammation		Essential oil
<i>Kaempferia galanga</i> Linn.	Zingiberaceae	India	Perennial herb	rhizome	Tuber	Stimulant, expectorant, diuretic, carminative	Skin diseases, wounds, bad odour	Dasamularistam, Valiya Rasnadi Kasayam	n-pentadecane ethyl – p- methoxy cinnamate
<i>Kaempferia rotunda</i> Linn.	Zingiberaceae	India	Aromatic herb	rhizome	tuber	Thermogenic, sialagogue, vulnerary	Gastropathy, dropsy, ulcer	Chyavanasprasam, Asokaristam	

<i>Lagenaria siceraria</i>	Cucurbitaceae	India	Climber		Pulp, leaves	Emetic, purgative	Jaundice	Kacaradi tailam, Parantyadi coconut oil	chondrillasterol
<i>Lantana camara</i> Linn. var. <i>aculeata</i> Moldenke	Verbenaceae	India	Ever green shrub	seed	Whole plant	Antirheumatic, antimalarial	Rheumatism, tetanus, abdominal viscera		Carvone, phellandrene
<i>Lawsonia inermis</i> Linn.	Lythraceae	India	Ever green shrub		Whole plant	Antibacterial, antiinflammatory	Skin diseases, boils, burns		Interlin
<i>Leea indica</i> Merr.	Vitaceae	India	Shrub		Root, leaves	Astringent, sudorific, acrid	Hyperdipsia, dysentery, vertigo		
<i>Leucas aspera</i> (Willd.) Spr.	Lamiaceae	India	Annual herb	seed	Whole plant	Insecticidal, antipyretic	Psoriasis, scabies, skin diseases	Pathadiyadi gulika, Kacaradi oil	Oleanolic acid, ursolic acid
<i>Linnophila indica</i> (Linn.) Druce	Scrophulariaceae		Decumbent herb						
<i>Limonia acidissima</i> Linn.	Rutaceae	S.India	Deciduous tree		Fruit, leaves oil	Antiscorbutic, antibilious, demulcent	Sore throat, leprosy, skin diseases		Geranyl umbeliferone, bergapten
<i>Lippia nodiflora</i> Mich.	Verbenaceae								
<i>Litchi chinensis</i> Sonner.	Sapindaceae	China, India			Fruit, leaves		Tonic, bites of animal		Levulinic acid, malic acid
<i>Lobelia nicotianifolia</i> Roth ex Roem. & Schult.	Lobeliaceae	W.ghats			Leaves, root	antiseptic	scorpion bite		Lobeline, lobelanidine
<i>Macaranga peltata</i> (Roxb.) Muell.-Arg.	Euphorbiaceae		Tree						
<i>Maesa indica</i> Wall.	Myrsinaceae	w.ghats				Berry, leaves	Anthelmintic, antisyphilitic		Maesa quinone, β -sitosterol
<i>Mangifera indica</i> Linn.	Anacardiaceae	Tropics	Tree	seed	Anthelmintic				
<i>Maranta arundinacea</i> Linn.	Zingiberaceae	India	Herb	Rhizome	Rhizome	Astringent, refrigerant, aphrodisiac	Dyspepsia, diarrhoea, dysentery, cough		
<i>Melia azedarach</i> Linn.	Meliaceae	India, Sub Himalaya	Tree	seed	Bark, leaves flower oil	Antidiarrhoeal, deobstruent, diuretic	Scrofula, skin diseases, headache	Durvadi tailam, Jatyadi ghrtam	6 β -hydroxy - Δ 4 stigmasten -3-one
<i>Mentha arvensis</i> Linn.	Lamiaceae	Japan, J & K, UP, Punjab	Aromatic herb	sucker	oil	Carminative, expectorant, antifungal			Menthol, menthone
<i>Mesua nagassarium</i> (Burm. f.) Kosterm.	Clusiaceae	North eastern India Andaman & Nicobar islands	Tree	Seed	Flower oil	Antiinflammatory, CNS depressant	Anaemia, snake bite, piles, dysentery	Nagakeshara adi churnam	Mesua xanthone A & B, euxanthone
<i>Michelia champaca</i> Linn.	Magnoliaceae	Eastern Himalaya, Assam, S.India	Ever green tree	seed	Bark, root, flower fruit, oil	Expectorant, abortifacient, contraceptive	Abscesses, nausea, colic		Liriodenine, parthecocide
<i>Mimosa pudica</i> Linn.	Mimosaceae	Tropical America, Tropical India	Under shrub	seed	Root, leaves, stem	Purgative, antidropsical, antiinflammatory	Hydrocele, sores, fistula, piles	Rajatabhasmam, Yuvatyadi tailam	Nor-epi-nephriine
<i>Mimusops elengi</i> Linn.	Sapotaceae	North Andaman & Nicobar islands Peninsular India	Tree	Seed	Bark, flower, fruit, seed	Spermicidal, spasmolytic, diuretic	Fever, snake bite dysentery	Uajradanti	β -sitosterol

<i>Mirabilis jalapa</i> Linn.	Nyctaginaceae				Root, leaves, stem	Purgative, antidropsical, antiinflammatory	Piles, abscesses		Beta xanthins, indicaxanthin
<i>Mollugo oppositifolia</i> Linn.	Aizoaceae		Herb						
<i>Morinda umbellata</i> Linn.	Rubiaceae	Bihar, Khari hills, India	Deciduous tree		Root, leaves,	Antidiarrhoeal			α -hydroxyxanthra quinone
<i>Moringa oleifera</i> Lam.	Moringaceae	Sub-Himalayan tracts, UP, India	Tree	Seed, Vegetative	Root, bark, leaves, seed	Abortifacient, spasmolytic, antibacterial,	giddiness, tetanus, venereal diseases, dental caries	Shigru patrakalka shgru patra sivaraja	Moringyne β -sitosterol
<i>Mucuna pruriens</i> (Linn.) DC.	Papilionaceae	India, Andaman & Nicobar islands	Climber	seed	Root, leaves, seed	Emmenagogue, antichorein, vermifuge	Elephantiasis, ulcer		L-DOPA, gentathione
<i>Mukia maderaspatana</i> (Linn.) M. Roemer	Cucurbitaceae	India	Climber		Root, leaves, tender shoot	Carminative, sudorific, aperient	Vertigo, toothache		columbin
<i>Murraya koenigii</i> (Linn.) Spreng.	Rutaceae		Shrub		Bark, root, leaves	Febrifuge, tonic, stomachic	hyperdipsia	Kaidaryah drug, Jatyadi tailam	
<i>Musa paradisiaca</i> Linn. var. <i>sapientum</i> Kuntze	Musaceae		Tall herb	sucker	Root, leaves, fruit, stem	Anthelmintic, antiscorbutic, depurative	Blister, burn, ophthalmopathy		
<i>Mussaenda frondosa</i> Linn.	Rubiaceae	Tropical Himalaya, Dehra Dun	Scandent shrub		Whole plant	Vermifuge, diuretic, antiasthmatic, spasmolytic	Swellings, jaundice, ulcer		
<i>Myristica fragrans</i> Houtt.	Myristicaceae	Moluccas, T.N, Kerala, A.P, Assam	Tree	Seed	Seed, aril	Antibacterial, antidiarrhoeal, abortifacient,	Child bearing nervous disorder	Jatiphaladi Bati Jatiphaladi churnam	Myristicin, eugenol
<i>Naregamia alata</i> Wt. & Arn.	Meliaceae	W.ghats, TN, Karnataka	Under shrub		Root, leaves, stem	Cholagogue, antibilious			Heneicosane, β -sitosterol
<i>Nerium oleander</i> Linn.	Apocynaceae	India	Shrub	Seed	Root, leaves, bark	Cardio tonic, CNS active, spasmolytic	Poisonous, externally for ulcers, leprosy	Karaviradya taila	Oleandrine, plumericine
<i>Nervilia aragoana</i> Gaud.	Orchidaceae		Terrestrial orchid		Whole plant	Galactogogue, diuretic	Uropathy, lithiasis, colic	Vastyamayanika ghrtam, Sutavari ghrtam	
<i>Nyctanthes arbor-tristis</i> Linn.	Oleaceae	Outer Himalaya, Assam, W.Bengal	Large shrub		Leaves	Antiinflammatory, febrifuge, cholagogue			β -amyrin, β -sitosterol
<i>Nymphaea rubra</i> Roxb.	Nymphaeaceae	Warmer India			Root stalk, flower	Stomachic, antidiarrhoeal	Piles, palpitation of heart		
<i>Ochrocarpus longifolius</i>	Clusiaceae		Tree						
<i>Ocimum americanum</i> Linn.	Lamiaceae	Lower hills of India	Branched herb	seed	Whole plant	Carminative, diaphoretic, stimulant	Skin diseases, bronchitis, catarrh		Citral, methyl-heptenone
<i>Ocimum basilicum</i> Linn.	Lamiaceae	Punjab	Aromatic herb	seed	Flower, seed, root	Carminative, antidysenteric, stimulant, demulcent	Bowel complaints		1,8-cineole, eugenol
<i>Ocimum gratissimum</i> Linn.	Lamiaceae	India		seed	Whole plant	Antiparalytic, antigonorrhoea	Seminal weakness, neuralgia		α and β - pinene camphene
<i>Ocimum gratissimum</i>	Lamiaceae			seed					

Linn. var. <i>clocimum</i>									
<i>Ocimum tenuiflorum</i> Linn.	Lamiaceae	India	Under shrub	seed	Leaves, root, seed	Expectorant, diaphoretic, genito urinary diseases	Ear ache, catarrh, bronchitis		Eugenol, caracol, nerol
<i>Operculina turpethum</i> (Linn.) S. Manso	Convolvulaceae	India	Climber		Root	Purgative, antidote, antiinflammatory	Scorpion sting, snake bite		Coumarin, scopoletin
<i>Opuntia dillenii</i> (Ker-Gawler) Haworth	Cactaceae		Shrub	Stem cutting	Whole plant	Antigonorrhoeic, antiinflammatory, purgative,	Whooping cough, ophthalmia, snake bite		aralinogalactan
<i>Oroxylum indicum</i> (Linn.) Vent.	Bignoniaceae	India	Tree		Root, bark, fruit, seed	Astringent, carminative, purgative, spasmolytic	Scorpion sting	Dasamularistam, Dhanvantaram kasayam	Flavones and glycosides-baicalien
<i>Orthosiphon stamineus</i> Benth.	Lamiaceae		Herb						
<i>Ougeinia dalbergioides</i>	Papilionaceae		Deciduous tree		Bark	Astringent, acrid, sudorific, styptic	Inflammatory, diarrhoea, fever, anaemia		
<i>Oxalis corniculata</i> Linn.	Oxalidaceae		Annual or perennial herb		Whole plant	Astringent, anodyne, antiseptic	Scurvy, warts,	Cangeryadi ghrtam, Pathadi ghrtam	
<i>Pavetta indica</i> Linn.	Rubiaceae	India			Root, leaves, wood	Purgative, antidropsical, anticephalgic	Jaundice, boils, ulcerated nose		
<i>Phoenix dactylifera</i> Linn.	Arecaceae	Dry regions of Gujarat, Rajastan, Punjab	Tree		Fruit, gum, fresh sap	Antiasthmatic, expectorant, astringent, antidiarrhoeal	Urinogenital system		C-glycosy flavones, caffeylshikimic acid
<i>Phoenix pusilla</i> Gaertn.	Arecaceae	Coromandal coast	Tree		Fruit pulp, seed, gum	Febrifuge, antidiarrhoeal, laxative	Respiratory disorder urinary disorder		
<i>Phyllanthus amarus</i> Schum. & Thonn.	Euphorbiaceae	Throughout warmer parts of India	Herb	Seed	Whole plant	Antihepatotoxic, antibacterial	Dyspepsia, jaundice, ulcer	Jamalakilem Parutyadi tailam	Phyllantin, quercetin
<i>Phyllanthus emblica</i> Linn.	Euphorbiaceae	S.India, Kashmir	Tree	Seed	Root, bark, leaves, fruit,	Antiviral, CVS active	Jaundice, eye trouble, dyspepsia	Triphala churnam	Quercetin, phyllembin
<i>Physalis minima</i> Linn.	Solanaceae	India, Himalaya	Annual herb		Leaves, fruit	Diuretic, purgative, antigonorrhoeic			Physalins A, B and X
<i>Pimenta racemosa</i> J. W. Moore	Myrtaceae	W.Indies, tropical America		seed	Fruit, leaf, oi, seed	Carminative, stomachic, antiseptic, fever	Sore throat, pneumonia, nausea		Eugenol, α -pinene
<i>Pinus Roxburghii</i> Sargent	Pinaceae	Himalaya, Kashmir to Bhutan	Coniferous tree		Pine oil	Antiseptic, expectorant, carminative, stimulant	Arthritis, neuralgia, cough,		α and β -pinene
<i>Piper betle</i> Linn.		India	Perennial root climber	Stem cutting	Leaves, oil, root	Antispasmodic, carminative, stimulant	Night blindness, catarrh, diphtheria	Rasasinduram, Akarakarabhadi gulika	β - γ -sitosterol, hentria contane
<i>Piper chaba</i> Hunter	Piperaceae								

<i>Piper longum</i> Linn.	piperaceae	W.India, Nepal, W.Ghats	Climber	Vegetative	Root, dried spikes	Antitubercular, anthelmintic, antibacterial	Paralysis, stomachic, snake-bite	Thaleesapathradi churnam	piperine
<i>Piper nigrum</i> Linn.	Piperaceae	Eastern and weatern ghats, TN, Keara	Climber	Vegetative	Fruit	Antibacterial, anthelmintic, hypertensive	Fever, cough, sorethroat, asthma	Thaleesapathradi churnam	piperine
<i>Pistia stratiotes</i> Linn.	Araceae	India			Whole plant	Antitubercular, emollient, diuretic	Ring worm, ear complaints, skin diseases		α -diaphoretic- Chronic-glycosyl flavones of viconon
<i>Plumbago indica</i> Linn.	Plumbaginaceae	Native of Sikkim, India	Herb	Vegetative	Root	Sialogogue, vesicant, stimulant	Dyspepsia, cough, leprosy	Thaleesapathradi churnam	piperine
<i>Plumbago zeylanica</i> Linn.	Plumbaginaceae	India	Herb	Vegetative	Leaves, root	Uterine, stimulant, abortifacient	Leprosy, piles, skin diseases	Vograj guggul chitrak Adivati	Plumbagin
<i>Plumeria rubra</i> Linn.	Apocynaceae	India	Tree		Root, bark, flower, fruit	Cathartic bechic, antidontalgic			Plumercin, plumicride
<i>Pogostemon patchouli</i> Hook. f.	Lamiaceae			Stem cutting					
<i>Polyalthia longifolia</i> Benth. & Hook. f.	Annonaceae	Drier parts of India	Tree	seed	Bark	Febrifuge, fungitoxic		Asoka ghrtam	leucocyanidin
<i>Pongamia pinnata</i> (Linn.) Pierre	Papilionaceae	India	Tree	Seed, veg by root	Leaves, seed, root	Antibacterial, antifungal, insecticidal	Dyspepsia, diarrhoea, beri beri	Nagaradi tailam, Varanadi Kasayam	Karanjin
<i>Portulaca oleracea</i> Linn.	Portulacaceae	India		Whole plant	Depurative, antiscorbutic	Liver, spleen, kidney complaints			l-nor- α drenaline
<i>Pothos scandens</i> Linn.	Araceae				Root, stem	Antileptic, lactogogue	Abscesses, small pox, snake bite		
<i>Premna integrifolia</i> Linn.	Verbenaceae	Costal regions of India			Whole plant	Antirheumatic, stimulant, bechic, astringent	Neuralgia, colic	Dhanvantram kasayam, Agastyarasayanam	β -sitosterol, polyisoprenoid
<i>Premna latifolia</i> Roxb.	Verbenaceae	India			Leaves, bark	Diuretic, antidropsical	colic		
<i>Prunus amygdalus</i> Batsch	Rosaceae	India	Tree		Kernal oil	Laxative, diuretic, lithonriptic	Cephalalgia, pita, cough, liver, spleen		olein
<i>Prunus cerasoides</i> D. Don	Rosaceae	Himalaya	Large tree		Kernal, tender branch	Antilithic, spasmolytic			
<i>Pseudarthria viscida</i> (Linn.) Wt. & Arn.	Papilionaceae	India	Perennial under shrub		Root	Astringent, antibilious, antirheumatic	Heart diseases, pile		
<i>Psidium guajava</i> Linn.	Myrtaceae		Small tree	seed	Root, leaves, flower, fruit	Haemostatic, antiemetic	Haemorrhages, diarrhoea, dysentery	Dasamularistam, Agastyarasayanam	
<i>Psoralea corylifolia</i> Linn.	Papilionaceae	India	Annual herb		Root, leaves, seed	Antidiarrhoeal, diaphoretic febrifuge	Leucoderma, skin diseases	Khadiraristam, Gopicanadi gulika	Chalcones, flavones, isoflavones
<i>Pterocarpus marsupium</i> Roxb.	Papilionaceae	Tropical S.India	Tree	Seed	Leaves, stem, bark, heart wood, gum	Hypoglycaemic, CVS active	Boils, sores, skin diseases	Majun Barsnd Sunun seepari	epicatechin

<i>Pterocarpus santalinus</i> Linn.	Papilionaceae	AP	Deciduous tree	seed	Heart wood	Antibilious, diaphoretic, febrifuge	Scorpion sting, head ache, skin diseases		Eudesmol, iso pterocarpolone
<i>Punica granatum</i> Linn.	Punicaceae	Iran, Afghanistan, India	Shrub	Seed, air layering	Root, seed, flower, fruit	antifertility, antibacterial, hypothermic	Strengthens gums, vomiting, ulcers	Dadimadi ghrtm	Granatin B punicalin
<i>Raphanus sativus</i> Linn.	Brassicaceae		Herb		Root, leaves, seed	Appetising, antibacterial, anodyne	Hepatopathy, biliary disorder		
<i>Rauvolfia serpentina</i> (Linn.) Benth. ex Kurz.	Apocynaceae	India	Herbaceous under shrub	Seed	Root, seed	Antiarrhythmic, antihypertensive	Hypertension, strangury, fever	Sarpagandhadi churam	Serpentine, reserpine
<i>Rhaphidophora pertusa</i> Schott	Araceae		Stout climber		Stem	Carminative, astringent, digestive	Colonalgia, bronchiopathy		
<i>Rhinacanthus nastus</i> (Linn.) Kurz.	Acanthaceae		Under shrub		Whole plant	Blister producer, depurative	helminthiasis		
<i>Ricinus communis</i> Linn.	Euphorbiaceae	India	Tree	Seed	Root, leaves, flower, seed	Antiprotozoal, anticancer	Dermatosis, eczema	Gound larvahas thaila, gound larva kasayam	coumarin
<i>Rotula aqautica</i> Lour.	Boraginaceae	India			Root	Diuretic, CNS active	Piles, stone, venereal diseases	Putikaranjasavam, Traikantaka ghrtam	
<i>Rubia cordifolia</i> Linn.	Rubiaceae	Hilly dists. Of India	Climber herb	Veg. by stem	Root	Antineoplastic, antiinflammatory	Antidote to cobra, paralysis, ulcer	Mahamanjiahthadi kasayam	Purpurin, manjistin
<i>Ruta graveolens</i> Linn.	Rutaceae	India	Herb	Veg. by seed	Whole plant, oil	Decreases capillary fragility	strangury, fever		rutin
<i>Saccharum arundinaceum</i> Retz.	Poaceae		Gigantic grass	Stem cutting	Root, stem	Diuretic, demulcent	Haemopathy, dipsia, uropathy	Sukumara ghrtam, sukumara leham	
<i>Saccharum spontaneum</i> Linn.	Poaceae		Perennial grass	Stem cutting	Root, stem	Cooling, diuretic, galactogogue	Uropathy, leprosy, gastropathy	Valiya candanadi Sukumara kasayam	
<i>Salacia reticulata</i> Wt.	Celastraceae	India, Andaman & Nicobar islands	Woody climber		Root	Antidiabetic, astringent	Veneral diseases, dysmenorrhoea	Nisakatekadi kasayam	Dulcitol, proanthocyanidin
<i>Sansevieria Roxburghiana</i> Schult.	Haemodoraceae	Coromandal coast	Herb		Tender shoot, rhizome	Expectorant	Cough		
<i>Santalum album</i> Linn.	Santalaceae	Dry region of India	Tree	Seed	Heart wood	CVS active, antibacterial, antifungal	Fever, liver, kidney, bladder affections	Valiya candanadi thailam	α - and β - santalol
<i>Saraca asoca</i> (Roxb.) De Wilde	Caesalpiniaceae	India, Andaman & Nicobar islands	Tree	Seed	Bark, leaves, flower, seed	Oxytocic, CNS active	Sedative, urinary discharges	Asokarishtam	β -sitosterol
<i>Sarcostemma acidum</i> (Roxb.) Voigt.	Asclepiadaceae	W.Bengal	Twiner		Stem, root	Emetic, hypothermic	Snake bite, rabid dogs		Lupeol acetate
<i>Saussurea lappa</i> C. B. Clarke	Asteraceae	Kashmir, HP, UP	Sub shrub	Seed	Root	CNS depressent, antifungal	Asthma, vicera, rheumatism	Kottamchukkadi tailam	Costunolide, sanssurin
<i>Scaevola taccada</i>	Goodeniaceae	India	Shrub		Leaves, stem, bark, fruit	Anticephalalgia, antidiarrhoeal	Sore eyes, antitumour		
<i>Schleichera oleosa</i> (Lour.) Oken	Sapindaceae	Sub Himalayas, Kashmir, W.Bengal	Large tree		Bark, kernal, oil, seed	Astringent, antiinflammatory	Burns, skin diseases, ulcers		Oleic, gadoleic acid
<i>Sesbania grandiflora</i> (Linn.) Poiret	Papilionaceae	Assam, W.Bengal	Soft wooded tree	seed	Bark, leaf juice	Astringent, anticephalalgic	Nasal catarrh, small pox		Methyl ester of oleanolic acid
<i>Sida acuta</i> Burm. f.	Malvaceae	Warmer parts of			Root,	Astringent, febrifuge,	Nervous and urinary	Dhanvantaram	β -phenyl

		India				stomachic	disorder, bowel complaints	Balaristam	ethylamine, ephedrine
<i>Sida cordifolia</i> Linn.	Malvaceae	Plain of India			Root, seed	Antiparalytic, aphrodisiac	Colic, spermotorrhoea, sciatica	Rasnadi kasayam, Asvagandhadi leham	
<i>Sida rhombifolia</i> Linn. ssp. <i>retusa</i> (Linn.) Borss.	Malvaceae	Hotter parts of India	Sub shrub		Whole plant	Anabolic, emolient	General debility, fever, swellings	Krirabala Dhanvantaram	Ephedrine, β -phenyl ethylamine
<i>Solanum americanum</i> Mill.	Solanaceae			seed					
<i>Solanum khasianum</i> C. B. Clarke	Solanaceae	Khasi, Naga hills, Assam	Shrub	seed	Berries	Spasmolytic, Synthesis of corticosteroidal hormone	Oral contraceptive tablets		solasodine
<i>Solanum melongena</i> Linn. var. <i>insanum</i> (Linn.) Prain	Solanaceae	India	Perennial herb	seed	Seed	Stimulant, anticholesterolemic	haemorrhoids	Indukantaghtam, Brhatyadi kasayam	Melongosides A, F,H
<i>Solanum surattense</i> Burm. F.	Solanaceae	India	Perennial under shrub	seed	Root, berry, leaves	Antiasthmatic, antirheumatic	Sore throat, bechic	Kantakanta ghrtm, Kanna kasayam	Solasonine, solamargine
<i>Solanum torvum</i> Swartz	Solanaceae	India		seed	Fruit	Spasmolytic	Enlargement of spleen		solasodine
<i>Solanum violaceum</i> Ortega	Solanaceae							Dasamularishtam, Indukanta ghrtam	
<i>Solanum virginianum</i> Linn.	Solanaceae							Brhatyadi kasayam, dasamularistam	
<i>Sphaeranthus africanus</i> Linn.	Asteraceae				Whole plant	Diuretic, alterative, aphrodisiac		Kumaryasavam, Surasadi tailam	Methyl chavicol, α -ionone
<i>Sphaeranthus indicus</i> Linn.	Asteraceae	India	Herb		Whole plant	Diuretic, expectorant, febrifuge, stomachic	Pectoralgia, hernia, scrofula	Dhanvantaram ghrtam, Sukumara kasayam	
<i>Spilanthes calva</i> DC.	Asteraceae	India				Antidontalgia, spasmolytic	Promotes saliva		α - β -amyrin ester
<i>Spondias pinnata</i> (Linn. f.) Kurz.	Anacardiaceae	India	Tree		Bark, leaves	Antidigestive, antiscorbutic	earache	Pancamla tailam, Pathadi gulika	24-methyl enecy-elortanone
<i>Stereospermum suaveolens</i> DC.	Bignoniaceae	India	Tree		Root, bark, flower	Diuretic, antiinflammatory, aphrodisiac, antibilious	hiccup	Dashmularistam	stercoleusin
<i>Strychnos nux-vomica</i> Linn.	Loganiaceae	India	Tree	Seed, Veg	Bark, leaves, seed	Spasmolytic, muscle relaxant	jaundice, leucoderma	Samirgaja keasri hab khas	Strychnine, brucine
<i>Strychnos potatorum</i> Linn. f.	Loganiaceae	S.India, W. Bengal	Deciduous tree		Leaves, unripe fruit, seed	Diaphoretic, alexeteric, demulcent	Jaundice, anaemia		
<i>Symplocos cochinchinensis</i> (Lour.) S. Moore	Symplocaceae	Himalaya, Kashmir	Tree	Seed	Bark	CNS & CVS active, hypotensive, antiinflammatory	Ophthalmia, bleeding of gums, menorrhagia	Lodrasavam safuf lodh	
<i>Syzygium aromaticum</i> (Linn.) Merr.	Myrtaceae	India	Ever green tree	seed	Dried flower, bud oil	Carminative, antispasmodic, antiemetic, stimulant	Dyspepsia, gastric irritation		Eugenin, triterpene acids
<i>Syzygium cumini</i> (Linn.) Skeels	Myrtaceae	India	Large tree	seed	Bud, leaves	Astringent, carminative, diuretic,		Varahyadi ghrtam, Lohasindusram	α and β pinene,

						antidiabetic			limonene
<i>Syzygium jambos</i> (Linn.) Alst.	Myrtaceae	India	Large shrub	seed	Bark, leaves, fruit	Astringent, diuretic	Liver complaints, sore eyes		α -pinene, ocimene
<i>Syzygium zeylanicum</i> DC.	Myrtaceae	India		seed	Whole plant	Stimulant, vermifuge, antirheumatic			
<i>Tabernaemontana divaricata</i> (Linn.) Roem. & Schult.	Apocynaceae	Sub-Himalaya, W.Bengal, Assam	Shrub	cutting	Latex, root, flower	Antiinflammatory, antidiarrhoeal	Sore eyes, skin diseases		Coronaridine, vocangine
<i>Tamarindus indica</i> Linn.	Caesalpiniaceae	India	Tree	seed	Root, ashes, leaves, flower, fruit, seed	Antigonorrhoea, purgative, antiasthmatic	Ulcers, ring worm, wounds, piles	Hinguracadi churnam, cincadi leham	Flavone Chronic-glycoside-oricutin
<i>Tectona grandis</i> Linn. f.	Verbenaceae	India	Tree		Root, wood, bark	Diuretic, anthelmintic, expectorant, anticephalalgia	Anuria, swellings, bronchitis,		lectoquinone
<i>Tephrosia purpurea</i> Pers.	Papilionaceae	India Perennial herb			Root, leaves, seed oil	Anthelmintic, alexipharma	Liver complaints, colic, scabies	Viratasadi kasayam, Grahanyantaka ghrtam	Appolline,
<i>Terminalia arjuna</i> Wt. & Arn.	Combretaceae	MP, Bihar	Tree	Seed	Bark	CVS & CNS active, diuretic, abortifacient	Ulcer, anaemia, tumours, pimples	Arjunaghrtam, Arjunarishta	Arjunone, Arjungenin
<i>Terminalia bellirica</i> (Gaertn.) Roxb.	Combretaceae	India	Tree	Seed	Bark, kernal, fruit	astringent, cardio tonic, stimulant, anticancer	Anaemia, leucoderma, diarrhoea	Partharishta	bellaricanin
<i>Terminalia catappa</i> Linn.	Combretaceae	India	Tree	Seed	Bark, oil from kernal, leaves	Diuretic, astringent, cardio tonic	Scabies, colic		Pentosans, tanins
<i>Terminalia chebula</i> Retz.	Combretaceae	India, sub Himalaya, deciduous forest	Tree	Seed	Fruit, flower, stem, bark	Antispasmodic, hypoglycaemic	Piles, cold, burns, ophthalmia	Triphala, Haritaki khand	chebulin
<i>Terminalia paniculata</i> Roth	Combretaceae	Western and eastern ghats	Tree		Flower, bark	Anticholerin, diuretic, cardio tonic	parotitis		3',3''O-diaphoretic-methyllicaric acid
<i>Terminalia tomentosa</i> Wt. & Arn.	Combretaceae	Drier parts of India	Tree		Bark	Cardiac stimulant	Callous, ulcer, diarrhoea		
<i>Thespesia populnea</i> (Linn.) Sol. ex Corr.	Malvaceae		Ever green tree		Root, bark, fruit, leaves	Astringent, antibilious, antiviral	Scabies, psoriasis, sprains	Aranyatulasyadi coconut oil	Herbacetin, populneol
<i>Tiliacora acuminata</i> (Lam.) Miers	Menispermaceae	India			Root	Antidote, CVS active hypothermic	Snake bites		Tilia corine, tiliarine
<i>Tinospora cordifolia</i> (Willd.) Hook. f. & Thom.	Menispermaceae	India	Climber shrub	Stem cutting	Stem, leaves, root	Antiviral, hypoglycaemic, anticancer	General debility, skin diseases, dyspepsia	Amritharishtam	
<i>Tinospora malabarica</i> (Lam.) Miers	Menispermaceae	India	Climber shrub		Stem, leaves, root	Antiviral, hypoglycaemic, anticancer	General debility, skin diseases, dyspepsia	Araq Giloe	
<i>Trachyspermum Roxburghianum</i> (DC.) Sprague	Apiaceae		Herb		Fruit	Emetic, emmenagogue, antiasthmatic	Hiccup, bladder troubles		d-limonene, α -terpinene
<i>Tragia involucrata</i> Linn.	Euphorbiaceae	Warmer region of India	Twining herb		Root, fruit	Diaphoretic, alterative	cough, baldness	Duralabharishtam, Dasamularishtam	Linoleic acid

<i>Tribulus terrestris</i> Linn.	Zygophyllaceae	India	Annual or perennial herb		Fruit, leaves	Antileprotic, haemostatic	Impotence, strangury, burning	Brhatyadi kasayam, Himasagar tailam	Steroidal sapogenins
<i>Trichopus zeylanicus</i>	Dioscoreaceae	India	Herb	Seed, suckers	Leaves,	CNS active, hypothermic	Piles, wounds, diuretic		
<i>Trichosanthes cucumerina</i> Linn.	Cucurbitaceae	India	Climber	Seed	Whole plant	Cytotoxic against human carcinomal cells	leprosy, pruritus	Padula muladi kasayam	β -sitosterol
<i>Tridax procumbens</i> Linn.	Asteraceae		Herb						
<i>Trigonella foenum-graecum</i> Linn.	Papilionaceae	Wild India Kashmir, Punjab, Upper Gangetic plains	Herb	Seed	Leaves, seed	Diuretic, CNS depressive, hypotensive	Bronchitis, piles, heart diseases		Femigrains A -E, femigrekine
<i>Tylophora indica</i> (Burm. f.) Merr.	Asclepiadaceae		Climber		Root, leaves	Bacteriostatic, emetic, cathartic	Whooping cough, gout, bronchitis		tylophorinidine
<i>Typha elephantina</i> Roxb.	Typhaceae				Ripe fruit, rhizome	Astringent, antidysenteric	Ulcer, wound, measeles		
<i>Typhonium flagelliforme</i>	Araceae								
<i>Uraria lagopoides</i> (Linn.) Desv.	Papilionaceae							Valiya pancagavga ghrtam	
<i>Urginea indica</i> Kunth	Liliaceae	India	Herb	Veg.	Bulb	Expectorant, cyanogenetic	Jaundice, skin diseases, haemorrhage	Chaudi bhasmam	Stigmasterol
<i>Vanda tessellata</i> (Roxb.) Hook. ex G. Don	Orchidaceae				Root, juice	Antipyretic,	Heals fracture, otitis		β and γ sitosterol
<i>Vanilla planifolia</i>	Orchidaceae								
<i>Vernonia anthelmintica</i> Willd.	Asteraceae		Herb		Seed	Anthelmintic, stomachic, diuretic	Skin diseases, scorpion sting		
<i>Vernonia cinerea</i> (Linn.) Less.	Asteraceae		Annual herb		Whole plant	Astringent, diaphoretic, antirheumatic	Malaria, strangury		Luteolin -7-mono- β -D-glycopyranoside
<i>Vetiveria zizanioides</i> (Linn.) Nash	Poaceae	India	Shrub	slips	Whole plant	CNS active, antimicrobial	Fever, ulcer, strangury		Vetiselinenol, khurimol
<i>Vitex negundo</i> Linn.	Verbenaceae			Stem cutting		Antiinflammatory, analgesic, CNS depressant	Catarrh, head ache, piles, ulcer, asthma	Nirgundiadi kasayam	β -sitosterol, p-hydroxy benzoic acid
<i>Vitex trifolia</i>	Verbenaceae		Aromatic shrub		Leaves, root, fruit,	Antiinflammatory, expectorant, emmenagogue	Amenorrhoea, sprains, vomiting	Vacadi tailam, Rasnadi tailam	Friedelin, β -sitosterol
<i>Vitis vinifera</i> Linn.	Vitaceae		Tendril climber	Stem cutting	Ripe fruit, leaves, stem, flower	Haematinic, rejuvenating suppurative	Flatulence, jaundice, debility		
<i>Wedelia chinensis</i> (Osbeck) Merr.	Asteraceae				juice of leaves	Alterative, anticephalalgic	Menorrhagia, bechic	Nilabhringaditailam, Narasimharasayana m	
<i>Withania somnifera</i> (Linn.) Dunal	Solanaceae	Drier parts of India	Under shrub	Seed	Root, leaves	Anabolic, galactagogue, CNS	leucoderma, insomania, fever	Aswagandharishtam	nicoline

						active			
<i>Woodfordia floribunda</i> Salisb.	Lythraceae	India, Himalaya	Shrub	Seed	Flower	Antibiotic, abortifacient	Haemorrhages, ulcer, liver	Dhataki, Abhayarishtam	
<i>Wrightia tinctoria</i> (Roxb.) R. Br.	Apocynaceae	Central peninsular India	Tree		Leaves, bark, seed	Tonic, aphrodisiac, febrifuge	Dysentery, piles, skin diseases	Svetakutaja	β-amyrin
<i>Zingiber officinale</i> Rosc.	Zingiberaceae		Perennial rhizomatous herb	Rhizome	Rhizome	Antidropscidal, stimulant, stomachic	Throat, head, chest	Suranadi leham, Ardrakaghtam	d-camphene, β-phellanelrene
<i>Zizyphus rugosa</i> Lam.	Rhamnaceae				Bark	Astringent, antidiarrhoeal	Ulcer, menorrhagia		Glycoside zizyphoride

Source: Joy, P. P., Thomas J., Mathew, S., and Skaria, B. P. 2001. Medicinal Plants. In Bose, T. K., Kabir, J., Das, P. and Joy, P. P. 2001. *Tropical Horticulture Vol. 2*. Naya Prokash, 206, Bidhan Sarani, Calcutta-700 006, India. Pp 449-632.